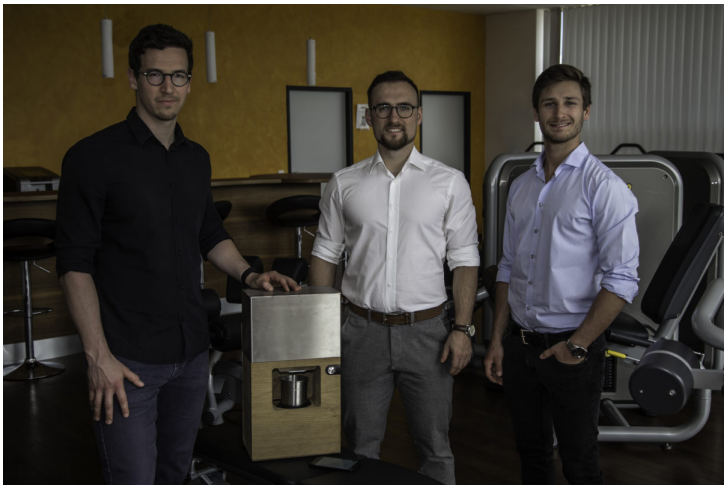
Scalento

OUR VISION IS TO ENABLE HEALTH-CONSCIOUS INDIVIDUALS INVOLVED IN FITNESS, TO OPTIMISE AND MONITOR THEIR NUTRITIONAL INTAKE, THROUGH THE SELECTION AND PREPARATION OF INGREDIENTS IN A TASTY AND CONVENIENT WAY.

Regularly working out and eating healthy has become the preferred way of life for fitness-oriented individuals. The two main problems concerning nutrition are individualization and time. On the one hand, it is very complicated to individualize one's nutrition perfectly, because everybody has different nutritional needs. On the other hand, eating healthy is very time consuming, starting with preparing food, cleaning and monitoring the food intake over time. In order to solve these challenges and provide additional benefits, Scalento was created.



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